



MRC SGDP CENTRE

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Research Advertisement

Title of Project: Wellbeing in Grandparents of Children with Autism Spectrum Disorder (ASD)

Ethical Approval References: PNM/13/14-56 (Psychiatry, Nursing and Midwifery (PNM) Research Ethics Subcommittee (RESC) at King's College London)

Researchers: Miss Esra Zivrali (MRC SGDP Centre)

Supervisors: Professor Francesca Happé (MRC SGDP, Institute of Psychiatry); Professor Patricia Howlin (Department of Psychology, Institute of Psychiatry)

What is this research project about?

Autism Spectrum Disorder (ASD) is a life-long condition, and therefore it is important to understand how the process of ageing affects individuals with autism. This research project will explore wellbeing in the older relatives of children with ASD. For example, this research will look at the changes in mental health, physical wellbeing and cognitive skills affected in ageing. The study will also explore how social functioning such as relationships affects quality of life.

The aim of this research is to obtain information that will help us to understand the possible changes that occur with age and how this affects the quality of life for individuals who may share more or less of the traits associated with ASD. In this way, the study will enable us to identify ways in which support services can be improved to help older adults with autism to lead healthy and fulfilling lives.

Who is organising and funding the research?

This research study is being organised by researchers working at King's College London. The study has been funded by the Republic of Turkey Ministry of Education.

This study has been approved by King's College London.

How long will it take?

The questionnaires last approximately **60-90 minutes**. To thank you for your time and involvement we will offer you a chance to win a **£50** Amazon voucher prize at the end of the year.

Who can participate?

If you're a biologic grandparent of at least one individual with an **Autism Spectrum Disorder** (i.e. Autism or Asperger syndrome) and aged 50 or above, we would like to hear from you.

How can I get involved?

If you would like to participate in this study, please contact:

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