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# Annual Report

## 2018 - 2019

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### **Introduction**

Axia-ASD Ltd offers a specialist service to children, adults and their families with Autism Spectrum Disorders (ASD), Attention Deficit Hyperactivity Disorder (ADHD), and Dyspraxia/Developmental Coordination Disorder (DCD). We offer diagnosis, post-diagnostic support, consultancy and training to improve opportunities available to, and the quality of life of, neurodiverse individuals.

In our annual reports we want to continually recognise and celebrate the work we do in partnership with the individuals and families we meet.

Since our last annual report, our team has changed and grown. Our service continues to benefit from having a strong multidisciplinary and neurodiverse team focus.

We are made up of Clinical Psychology, Systemic Family Therapy, Speech and Language Therapy, an Education Lead, researchers and academics in the field of autism, self-professed 'Nerd Consultants', and IT and administrative specialists.

## Key moments in 2018-2019

In 2018 Axia won the award for Outstanding Health Service at the National Autistic Society (NAS) professionals conference award ceremony.



- Calvin (our Co-director, Nerd Consultant and Anime Amigo) writing and publishing his book *“The Nerd Consultant’s Guide to Anime”*. The book is available for purchase in paperback and an electronic version ([here](#)). The book is being read and shared worldwide!
- Being gold sponsors at the 2019 NAS conference and also presenting on our partnership model of diagnosis and post-diagnostic support.
- Our work being highlighted as evidence of best practice in the [Parliamentary Review](#)
- Our post-diagnostic support group being led by autistic woman, researcher, and academic, Sarah Hendrickx, with topics so far including [“happiness”](#), [“sugar, sleep stress and the spectrum”](#), and [“exercise and autism”](#). You can find presentations with audio on our website.



# Our clients' experiences

We value the learning we do in partnership with clients, and their feedback constantly drives how we work with people. Client feedback is our primary measure of how we are doing as a service.

## **Some feedback in 2018-2019 included:**

*“Thank you for listening to us and involving our daughter in her assessment in such a wonderful way. She really enjoyed the appointment and we were relieved to finally have a diagnosis.”*

*“I would recommend your service to anyone. Very professional within a relaxed, non-judgemental approach/ atmosphere.”*

*“The signposting is excellent. Post-diagnostic support is available and is good. The appointment was calm and friendly.”*

*“Thank you for being very professional yet caring and understanding during the assessment. Also for a quick appointment and an in-depth report.”*

*“Excellent all round service. We felt listened to and, as a family, are grateful we found your service. We would highly recommend you to anyone needing help with an Autistic child. Thank you.”*

# Plans for 2019-2020

- We hope to expand our skill set and our multidisciplinary team by employing an Occupational Therapist
- We are in the process of setting up a training and support programme for individuals, families, and professionals. The needs and wishes of our Facebook community has directed the content of the sessions.
- Jointly running with Angie Atherton - The 4th North Wales Annual Conference on Autism. This will be on the 11th October 2019, and renowned speakers will include Sarah Hendrickx, Luke Beardon, and Jamie and Lion.
- Calvin is working on a conference presentation on representations of mental health as depicted in western entertainment vs. Japanese Anime
- Sponsoring an award at this year's NHS North Wales Awards
- Our in-house literary Nerd Consultant, Calvin, is already working on his second book!
- Expanding our administrative team to ensure we uphold the strong communication with clients and services, and maintain our low waiting times

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