

Autism Spectrum Disorder Information Sheet For Children

Websites

<u>Website</u>	<u>Description</u>
www.nas.org.uk	National Autistic Society (NAS) Website – This provides a vast amount of information regarding Benefits, Autism Alert Cards, Books, Support Groups, Local Services, etc
www.sibs.org.uk	Where siblings can share experiences and support with others.
www.autismdirectory.org.uk	Comprehensive directory of services and events.
https://community.autism.org.uk	A safe, welcoming place to share your questions, thoughts and experiences.
www.touretteshero.com	For Tourette's Syndrome.
http://www.dyspraxiafoundation.org.uk/	Offer support, information and advice regarding Dyspraxia
www.asperkids.com	For children and adults with Asperger Syndrome
http://sensorysmarts.com/	For children with sensory sensitivities
thechildrenssleepcharity.org.uk	For Children who are struggling to sleep



Telephone Numbers

<u>Company</u>	<u>Phone Number</u>
The National Autistic Society (NAS) Autism Helpline	0808 800 4104
The Carers Direct Hotline	0808 802 0202

Useful Smartphone Apps

- Circus Star – Show & Tell

Book References

Some of these may be more or less relevant. There are many books available, however, detailed below are ones we would recommend. We regularly review books on our website www.axia-asd.co.uk.

1. Autism & Asperger Syndrome in Children by Dr Luke Beardon
2. Why Johnny Doesn't Flap: NT is Ok by Clay Morton and Gail Morton
3. Asperger's and Girls featuring Tony Attwood and Temple Grandin, plus 7 more experts
4. Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence by Luke Jackson
- Particularly useful for teenagers
5. Kids in the Syndrome mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety and More by Martin Kutscher
6. Choosing Autism Interventions: A Research-Based Guide by Bernard Fleming, Elisabeth Hurley and The Goth
7. I'll tell you why I can't wear those clothes: Talking about tactile defensiveness by Noreen O'Sullivan published by Jessica Kingsley in 2014
8. I am Special: A workbook to help children, teens and adults with Autism Spectrum Disorder to understand their diagnosis, gain confidence and thrive (2nd Edition) by Peter Vermeulen
9. Life through a Kaleidoscope: Experiences of Scotopic Sensitivity Syndrome - Memoirs of visual fragmentation by Paul Isaacs and James Billett published by Chipmunka in 2013 (Irlen Syndrome)
10. The Reason I Jump by Naoki Higashida with an Introduction by David Mitchell published by Sceptre in 2013
11. M is for Autism by The Students of Limpsfield Grange School. Authors: Vicky Martin and Robert Pritchett
12. You Can't Do That by Sue Wood published in 2014

Book References - Continued

- 13.The Back to Front World of Azzie Artbuckle by Beth Montgomery published in 2017
- 14.Emily's Sister by Michele Gianetti and Tanja Russita published in 2017
- 15.Women and Girls with Autism Spectrum Disorder: Understanding Life Experiences from Early Childhood to Old Age by Sarah Hendrickx published in 2015
- 16.Sensory and Motor Strategies: Practical ways to help children and young people on the Autism Spectrum learn and achieve by Corrine Laurie published by the NAS 2018
- 17.How can I remember all that? By Dr Tracy Packiam Alloway
- 18.The Out-of-Sync child: Carol Stock Kranowitz
- 19.The Out- Of- Sync Child Grows Up: Carol Stock Kranowitz
- 20.Raising a Sensory Smart Child: Lindsey Biel and Nancy Peske
- 21.Improving sensory processing in traumatized children: Sarah Lloyd
- 22.Interoception: Kelly Mahler
- 23.Sensory Integration and the Child: A. Jean Ayres
- 24.Sensory and Motor Strategies: Corinna Laurie
- 25.When Young People with Intellectual Disabilities and Autism Hit Puberty by Freddy Jackson and Sarah Brown