



THE AUTISM WELLBEING
PROJECT

— THERAPY · TRAINING · SUPPORT —

THE AUTISM WELLBEING PROJECT CIC

We are a holistic support service for autistic adults combining therapies, training and support. We are based in Halton and can support anyone, diagnosed or not, aged 16+

We are led and informed by our Autistic Perspective Panel of autistic adults. We believe in facilitating the change they want to see.

FOR PROFESSIONALS

- **Training and Consultancy**

Led by our highly specialist and experienced Specialist Teacher, we can offer bespoke training and consultancy for businesses, parents/carers, education settings and more!

We are always open to conversations and potential partnerships with other professionals that align with our values and mission.

CONTACT US

 hello@theautismwellbeingproject.co.uk

 www.theautismwellbeingproject.co.uk

Informed by our
Autistic Perspective Panel



Working in collaboration with The Autism Wellbeing Project to create positive change for other autistic people.

And find us on our socials!



FOR AUTISTIC PEOPLE

- **Post Diagnosis Support**

We can help you make sense of your diagnosis, what it means, and what your next steps are.

- **Therapies**

We offer a range of different autism-informed therapy options and deliver commissioned therapies for the NHS and Adult Social Care.

- **Social Care**

Utilising Direct Payments, we can offer autism-informed social care support including PAs, courses, supported volunteering and social activities.

- **Access to Work**

We are a provider for "This Is Me Agency" providing coaching and support for neurodiverse individuals needing workplace support.

- **Activities**

Informed by our Peer-Support group, we offer a wide range of activities helping improve confidence, community and overall wellbeing.